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Term 1 Newsletter 2026

Hello Everyone

Welcome to 2026! We hope this year brings boundless opportunities, infinite potential, and the chance to create unforgettable memories that challenge what we once thought was impossible.

Enormous thank you and much gratitude for all the beautiful gifts and messages shared with us during demo time. We feel so privileged to have you as part of our dance family♥.

Founded in 1985, the Stellenbosch Dance Academy has flourished over the years. We offer Modern, Hip Hop, Musical Theatre AND BRAND NEW BALLET classes for everyone aged three and up, catering to both beginners and advanced dancers (Hip Hop, BALLET and Musical Theatre classes are available starting from Grade One).

We would like to extend a warm welcome to Kelly de Villiers as our Ballet Teacher to our Teaching Faculty. We are very excited to be introducing Ballet Classes to our schedule. Please contact us if you would like to start your ballet journey with us.



professional experience.

Kelly Brady de Villiers is a Los Angeles native now living in Stellenbosch. As a high school student, she was a member of Long Beach Ballet and performed extensively throughout the United States. She attended NYU's Tisch School for the Arts as a Dance Major, studying ballet and modern dance under Gus Solomans Jr, Sean Curran, and Alaine Haubert. While a member of the Second Ave Dance Company and JazzAntiqua, she worked as a ballet, jazz, contemporary, and commercial dancer and with many companies, including New York Theatre Ballet, CPYB, Classical Ballet of Los Angeles, and performing at BAM, Radio City Music Hall, The Dorothy Chandler Pavillion.

teaching.

Kelly is a certified American Ballet Theatre teacher for levels 1-7, including pointe and pas de deux. For 18 years, Kelly has taught ballet (technique, pre-pointe and pointe, repertoire) and contemporary dance (technique, choreography, jumps & turns, conditioning) in Los Angeles as well as consulting as artistic coach for members of Team USA's Rhythmic Gymnastics Team.

student success.

Former students have gone on to have professional dance careers as commercial dancers with the Bloc Agency LA, as well as securing contracts with The Ailey School, The Rock School, Pennsylvania Ballet, Orlando Ballet, Pacific Northwest Ballet, and Santa Fe Ballet.

“My teaching style combines rigorous, world-class technical ballet training with patience, kindness, and a growth mindset. My proudest legacy is training dancers for a healthy, lifelong love of dance.”

Stellenbosch Dance Academy



As teachers, our goal is to encourage every dancer, regardless of their strengths and challenges. Each person is special in their own unique way, be it serious examination work or simply dancing for the love of dance. Each dancer is unique, and we aim to cater to each one needs.

We are thrilled to have you as part of our community of passionate dancers, where creativity, dedication, and artistry come to life. Whether you're stepping into the studio for the first time or continuing your dance journey with us, we are here to support and inspire you every step of the way. At SDA we believe in fostering an environment where everyone feels encouraged to express themselves, push their boundaries, and grow as both performers and individuals. Dance is more than just movement—it's a way to connect, tell stories, and celebrate the joy of self-expression.

Here's what you can look forward to:

Expert Guidance: Our skilled instructors qualified in AIDT, TDA, SABOD and ABT respectively, and are here to help you hone your technique, explore new styles, and reach your goals.

Inclusive Community: We're proud to welcome dancers of all backgrounds and experience levels. Together, we create a supportive and uplifting space for everyone.

Exciting Opportunities: From performances to workshops and competitions, there's always something happening to inspire and challenge you.

Remember, every dancer's journey is unique. Celebrate your progress, embrace the challenges, and most importantly—enjoy the process! We're here to cheer you on and help you shine.

Dancers should please bring along a water bottle.

No parents may be in the halls during classes. The waiting room is for the dancers to gather and warmup. Dancers must please not walk through the halls while other classes are in progress. Please complete the online registration form before attending class:

Our studio also intends to send a team to Croatia in May 2027, and the chosen dancers need to take part in the qualifying finals in November, before being chosen to represent South Africa in 2027. Many hours during the week and over the weekends will be needed to perfect each dancer's performance before they complete in the qualifiers. A meeting date will be scheduled soon for all those interested. Date TBC.

Every dancer needs to re-register if you will be dancing for this year:

[CLICK HERE FOR REGISTRATION FORM](#)

Registration Fees:

1 x Style R150 (Once -Off Annual Registration 2026)

2x Styles R280 (Once -Off Annual Registration 2026)

3x or more Styles R360 (Once -Off Annual Registration 2026)

Let's make this an unforgettable year together!





Stellenbosch Dance Academy



**SDA TERM 1
STARTS ON
WEDNESDAY 21 JAN**

For those who are new to our Stellies Dance Family -Welcome! Please feel free to pop in or whatsapp, any time, if you have any queries.

NB Dates to diarize for 2026::

Term 1: 21 Jan- 27 Mar

22 Jan &/or 27 Jan &/or 29 Jan : Crew Audition
20 March (TBC) : In house Choreography Competition

Term 2: 8 Apr- 26 Jun

22 & 23 May : Celebration of Dance Showcase (only selected groups)

Term 3: 21 Jul-23 Sep

July: Time Dance Competition
Aug: Helderberg Eisteddfod
Sep: AIDT DANCER of the YEAR
Sep: Exams & Medal Tests

Term 4: 6 Oct- 6 Dec

Demo Preparation

Follow us on Instagram [@stellenboschdanceacademy](https://www.instagram.com/stellenboschdanceacademy) and like our FaceBook page to get to know the studio even better.



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